

2019 MISSOURI STATE SENIOR GAMES ENTRY FORM

(PLEASE PRINT)

THIS PAGE MUST BE FILLED OUT COMPLETELY

JUNE 6-9, 2019

Name _____
(Last, First)

Address _____
(Street) (City) (State) (Zip)

Telephone: Home: (_____) _____ Work / Cell: (_____) _____

E-mail address _____

Birth Date _____ Age as of 12/31/2019 _____ Male or Female _____ T-shirt size (S, M, L, XL, XXL) _____
(Month/Day/Year)

THE MISSOURI STATE SENIOR GAMES AND ITS SPONSORS STRONGLY RECOMMEND THAT EACH PARTICIPANT CONSULT HIS OR HER DOCTOR IN REGARD TO PRACTICE, PREPARATION AND COMPETITION IN THIS PROGRAM OR ANY SIMILAR PHYSICAL ACTIVITY.

WAIVER OF LIABILITY/CONSENT FOR MEDICAL TREATMENT

YOU MUST SIGN THE WAIVER OF LIABILITY / CONSENT FOR MEDICAL TREATMENT STATEMENT

In consideration of my entry into the competition known as the Missouri State Senior Games, I, intending to be legally bound, do hereby for myself, executors and administrators waive, release, and forever discharge any rights and claims for damages, including claims for loss, damages or injury to my person or property arising out of my performance or failure of performance, from the State of Missouri, the Governor's Council on Physical Fitness and Health, the National Sports Governing bodies, the Curators of the University of Missouri, the Show-Me STATE GAMES, the owner of the site of any competition I may be participating in, their agents, representatives, successors, and assigns.

I, the undersigned, hereby authorize and consent to any first aid, medication, medical treatment or surgery deemed necessary in case of an emergency.

Athlete's Signature

X _____

Date _____

WHOM TO CONTACT IN AN EMERGENCY

Name _____

Phone _____

Family Doctor _____

Phone _____

REGISTRATION DEADLINE:	MAY 31, 2019 FOR MOST EVENTS TRIATHLON (JULY 1), SOFTBALL (JULY 1)
MAKE CHECKS PAYABLE TO:	MISSOURI STATE SENIOR GAMES
MAIL ENTRY TO:	MISSOURI STATE SENIOR GAMES 1400 ROCK QUARRY RD, ENTRANCE 5 COLUMBIA, MO 65211

PARTICIPANT REGISTRATION FEES

SEE INSTRUCTIONS ON PAGE 4

A. REGISTRATION FEE & SPORT FEE:

The basic Registration Fee is \$30 = \$ 30.00
Plus

There is an additional SPORT FEE of \$3 per sport entered
 Number of Sports Entered (Limit of 4) _____ x \$ 3.00 = \$ _____

B. LATE FEE: After May 31 \$10.00 \$ _____
 Late entries are not guaranteed, and are subject to the discretion of the Sport/Event Commissioner. Shooting and triathlon are the exceptions.

C. ADDITIONAL FACILITY / TARGET FEES:

Bowling Line Fee- \$8.00 per event entered:
 (This is in addition to the entry fee.) No. _____ x \$8 = \$ _____

Golf Greens and Cart Fee
 (This is in addition to the entry fee.) \$26 = \$ _____

Shooting Target Fee
 (This is in addition to the entry fee, Payable with Registration)
 (\$15 each for 2nd, 3rd, 4th, 5th, 6th, 7th, 8th and 9th events)
 No. _____ x \$15 = \$ _____

D. DINNER / SOCIAL GATHERING TICKET:

Participant only \$10.00 \$10 = \$ _____
 Guest(s) \$15.00 per guest No. _____ x \$15 = \$ _____

E. TEAM ENTRY FEE: (To be submitted by Team Captain)
 Sport _____ \$ _____

F. VOLUNTARY CONTRIBUTION: \$ _____

G. TOTAL FEES ENCLOSED: \$ _____

2019 MISSOURI STATE SENIOR GAMES - ENTRY FORM

Place an (X) on the line next to the events you wish to enter and provide all information requested for each event.

* denotes National Senior Games events.

ARCHERY (Saturday, 9 a.m.)

- * Recurve (with sights)
- * Barebow Recurve (no sights)
- * Compound Fingers (with sights)
- * Barebow Compound (no sights)
- * Compound Release

BOWLING - (Include \$8.00 line fee for each event entered.)

Provide '17-'18 average. If no '17-'18 average, provide current average.

List average

- * Bowling Doubles (Saturday - 9:00 am)
Partner's Name _____
- * Bowling Singles (Saturday - 2:00 p.m.)
- * Bowling Mixed Doubles (Sunday - 8:30 a.m.)
Partner's Name _____
- ___ Bowling Team (Sunday - 12 noon)
Team Name _____
Captain _____
Team Members 1) YOU 2) _____
3) _____ 4) _____

CYCLING

- * Cycling 40K Road Race - Sat., 8 a.m.
- * Cycling, 5K Time Trial - Sat., 10:30 a.m.
- * Cycling 20K Road Race - Sun., 8 a.m.
- * Cycling 10K Time Trial - Sun., 10 a.m.

DARTS (Electronic)

___ Darts - (Friday, following the Dinner/Social. Approx 7:00pm)

GOLF - (Friday, am tee times)

(Additional \$26 greens/cart fee with entry form)

ENTER **EITHER SCRATCH OR HANDICAP**

- * Scratch Tournament
- ___ Handicap Tournament

HORSESHOES

- * Horseshoes Singles (Fri. 2:00 p.m.)
Ringer Percentage _____
- ___ Horseshoes Open Doubles - (Fri., 2:00 p.m.)
Partner's Name _____

PICKLEBALL

- * Senior Games - Singles (Thursday - 5:00 p.m.)
- * Senior Games - Mixed Doubles (Thursday - 8:00 a.m.)
Partner's Name _____
- * Senior Games - Doubles (Friday - 8:00 a.m.)
Partner's Name _____
- ___ SMSG Singles (Saturday - 5:00 p.m.)
- ___ SMSG Mixed Doubles (Saturday - 8:00 a.m.)
Partner's Name _____
- ___ SMSG Doubles (Sunday - 8:00 a.m.)
Partner's Name _____

USAPB or self rating

RACE WALK / ROAD RACE

- * 1500 M Race Walk - Friday, 5 p.m.
- * 5K Race Walk - Saturday, 7:30 a.m.
- * 5K Road Race - Saturday, 7:30 a.m.
- * 10K Road Race - Sunday, 7:30 a.m.

RACQUETBALL

- * Racquetball Singles (Saturday, 8:30 a.m.)
- * Racquetball Doubles (Saturday, 8:30 a.m.)
Partner's Name _____
- * Racquetball Mixed Doubles (Saturday, 8:30 a.m.)
Partner's Name _____

SHOOTING (See Page 4 for target fees)

- ___ Trap (Sat., 9 a.m.)
- ___ Trap Doubles (Sat., 11 a.m.)
- ___ Modified International Trap (Sat., 11 a.m.)
- ___ Sporting Clays (Sat., 11 a.m.)
- ___ American Skeet (Sun., 10 a.m.)
- ___ Skeet Doubles (Sun., 10 a.m.)
- ___ International Skeet (Sun., 10 a.m.)
- ___ Modern Skeet (Sun., 10 a.m.)
- ___ 5 Stand (Sun., 10 a.m.)

SHUFFLEBOARD

- * Shuffleboard Open Doubles - (Sat., 9 a.m.)
Partner's Name _____
- * Shuffleboard Singles (Sat., 1 p.m.)

SKILL CONTESTS - (Note: the following group of six skill events is considered as one sport for the purpose of determining your registration fee.)

- ___ Basketball - Free Throw Shooting (Fri., 12:30 to 4 p.m.)
- ___ Basketball - Around the World (Fri., 12:30 to 4 p.m.)
- ___ Football - Throw for Accuracy (Sat., 9:00 to 11:30 a.m.)
- ___ Football - Throw for Distance (Fri., 2:00 to 3:30 p.m.)
- ___ Softball - Throw for Accuracy (Sat., 9:00 to 11:30 a.m.)
- ___ Softball - Throw for Distance (Fri., 3:30 to 5 p.m.)

SWIMMING - JUNE 8-9

Will be swam in conjunction with the Show-Me State Games swimming. Entries will be limited to five (5) events per day.

Best '18/'19 Performance

Saturday, June 8 - 8:30am session begins

- * ___ 200 yd. Ind. Medley _____
- * ___ 100 yd. Freestyle _____
- * ___ 50 yd. Butterfly _____
- * ___ 500 yd. Freestyle _____

Saturday, June 8 - 1:30pm session begins

- * ___ 200 yd. Butterfly _____
- * ___ 100 yd. Backstroke _____
- * ___ 200 yd. Freestyle _____
- * ___ 100 yd. Breaststroke _____
- * ___ 200 yd. Backstroke _____

Sunday, June 9 - 9:00am session begins

- * ___ 200 yd. Breaststroke _____
- * ___ 100 yd. Butterfly _____
- * ___ 50 yd. Freestyle _____
- * ___ 100 yd. Ind. Medley _____
- * ___ 50 yd. Breaststroke _____
- * ___ 50 yd. Backstroke _____
- * ___ 400 yd. Ind. Medley _____

TENNIS

- * ___ Tennis Singles (Friday, 8 a.m.)
- * ___ Tennis Doubles (Friday, 1 p.m.)
Partner's Name _____
- * ___ Tennis Mixed Doubles (Saturday, 8 a.m.)
Partner's Name _____

TRACK AND FIELD

All Track and Field events will take place on Saturday, except 1500 M Race Walk which will be Friday evening.

- * ___ 1500 M Race Walk - Friday, 5 p.m.
- * ___ 400 Meter Run - W-8 a.m., M-8:25 a.m.
- * ___ Shot Put - W-10 a.m., M- 8 a.m.
- * ___ Hammer Throw - W-8 a.m., M-9:30 a.m.
- * ___ Running Long Jump - W-9:30 a.m., M-11:00 a.m.
- * ___ Triple Jump - M 9:30 a.m., W 11:00 a.m.
- * ___ Pole Vault - M & W 9:45 a.m.
- * ___ 100 Meter Dash - W-10 a.m., M-10:25 a.m.
- * ___ 1500 Meter Run - W- 11 a.m., M- 11:30 a.m.
- ___ Weight Throw - W-11 a.m., M-11:45 a.m.
- ___ Co-Ed Relay (4 X 100) - 12:45 p.m.
- * ___ Javelin - M & W 1 p.m.
- * ___ 200 Meter Dash - W-1:15 p.m., M-1:30 p.m.
- ___ Standing Long Jump - W-1:45 p.m., M - 2:15 p.m.
- * ___ 800 Meter Run - W- 2:20 p.m., M 2:40 p.m.
- * ___ High Jump - W & M 2:15 p.m.
- * ___ Discus - W & M - 2:00 p.m.
- * ___ 50 Meter Dash - W- 3:05 p.m., M-3:30 p.m.
- ___ 800 M Prediction Walk/Run - W & M-3:50 p.m.

TRIATHLON - JULY 22

(1/2 mile swim, 15 mile bike, 3 mile run)

- * ___ Triathlon - (Sunday, July 22, 8 a.m.)

WASHERS

- ___ Washers (Fri., 4:00 p.m.)

TEAM SPORTS

***BASKETBALL**

- ___ Basketball 3-on-3. (Friday, June 7, 9 a.m.)
- (Team Entry/Roster form and fee shall be submitted by the captain.)
- Captain's Name: _____
- Team Name : _____

SOCCER

- ___ Soccer - (Saturday & Sunday, June 8-9)
- (Team Entry/Roster form and fee shall be submitted by the captain.)
- Captain's Name: _____
- Team Name : _____

***SOFTBALL**

- ___ Softball - (Saturday & Sunday, JULY 20-21)
- (Team Entry/Roster form and fee shall be submitted by the captain.)
- Captain's Name: _____
- Team Name : _____

***VOLLEYBALL**

- ___ Volleyball (Saturday, June 8, 9 a.m.) (Team Entry/Roster form and fee shall be submitted by the team captain.)
- Captain's Name: _____
- Team Name : _____

2019 TEAM ENTRY FORM/ROSTER - MISSOURI STATE SENIOR

TO ENTER A TEAM

1. The team captain shall complete and submit this TEAM ENTRY FORM/ROSTER along with the required team fee and the individual entry forms for all team members.
2. **Each individual player must complete and submit an entry form with the Waiver of Liability / Consent for Medical Treatment statement signed.**
3. Exact, identical team name must appear on all individual entry forms. Please establish an accurate, identical team name for identification purposes and inform all team members of this requirement.
4. An individual's name may appear on only one team roster per age group.
5. Additions or deletions to the team roster may be made up to the team's first contest. **However, any roster changes made following the entry deadline date shall not result in a change in the team's age division.**

CAPTAINS NOTE: The **maximum roster size** by sport is: Basketball, 3-on-3—10; Soccer—15; Softball—20; and Volleyball—15. For qualification into the National Senior Games, there are no longer rules limiting the number of out-of-state athletes on rosters. A team's state designation is based on the state of residency for the majority of players listed on the roster. **Team fees are:** 3-on-3 basketball - **\$100**; Soccer - **\$300**; Softball - **\$300**; and Volleyball - **\$150**. **Your official playing roster will be determined by completed individual entry forms received by the Senior Games office** The age division of each team will be determined by the age of the youngest team member as of December 31, 2019.

Sport _____ Team Name _____ Age Division _____

Softball Sub-Division (Recreational, Intermediate, or Competitive): _____

Name of Captain _____ Street Address _____

City _____ State _____ Zip Code _____

Home Phone (____) _____ Work/Cell Phone (____) _____ E-mail Address _____

Player Name (Last, First)	Address of Residence		Birthdate (M,D,Y)	Age as of 12-31-2019
	City	State		
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				

I hereby certify that the above information is true and correct and that I understand and agree to the conditions for team entries.

Signature of Captain _____ Date _____

Keep a copy of this roster for your files. Roster can be changed up to the start of a team's first contest.

Mail to: Missouri State Senior Games - 1400 Rock Quarry Rd, Entrance 5 - Columbia, MO 65211